



NIBBLES

WHIPPED ROASTED TOMATO HUMMUS (vg)

slow roasted cherry tomatoes, basil oil, garlic glazed flatbread...5.45

DEEP FRIED MOZZARELLA (v)

smoked barbecue sauce...6.95

GRILLED PEACH AND BURRATA PIZZETTA (v)

aleppo chilli & rosemary honey...8.95

ITALIAN PIZZETTA (vg)

garlic & herb glaze...6.45
add mozzarella & Italian cheese (v)...1.50

SMOKED MIXED OLIVES (vg,gf)

gordal & Kalamata olives...5.45

SPRITZ

APEROL SPRITZ

Aperol, soda water, sparkling wine

LIMONCELLO SPRITZ

Limoncello, soda water, sparkling wine

HUGO SPRITZ

Elderflower Liqueur, soda water, sparkling wine

all 7.00

STARTERS

PANKO FRIED CAMEMBERT (v)

caramelised apple ketchup, pickled beetroot...8.95

SWEET & SOUR

CRISPY SHREDDED BEEF STRIPS (gf)

with mixed peppers, pineapple, onions...10.95

FRENCH ONION SOUP (v)

sourdough crouton, Italian cheese & Cheddar gratin...6.95

GRILLED LEMON & HERB KING PRAWNS

slow roasted cherry tomatoes, garlic glazed sourdough...9.95

CHARGRILLED PORK BELLY

SKEWERS (gf)

Bramley apple & fennel glaze, mustard slaw...9.45

BANG BANG CRISPY COATED CALAMARI (gf)

Asian slaw, coconut, lime & coriander sauce...7.95

HARISSA HONEY ROASTED CARROTS (vg, gf)

whipped mezze hummus, dukkah, pomegranate molasses...6.95

BUTTERMILK FRIED CHICKEN (gf)

smoked chipotle honey, garlic & herb sauce...8.95

SALADS

Choose your salad, then choose your topping

CAESAR

soft boiled hens' egg, salted anchovies, crispy smoked bacon, baby gem, Italian cheese, focaccia croutons, Caesar dressing...12.45

PROTEIN BOWL (v,gf,nuts)

steamed broccoli, roasted sweet potatoes, edamame & peas, feta cheese, soft boiled eggs, pickled red onion, salt & chilli roasted peanuts, toasted sesame, lime & herby hot honey ranch...12.45

NOURISH (vg,gf)

pickled red cabbage, sushi rice, sushi ginger, Asian slaw, chargrilled pineapple, smashed avocado, edamame, sesame miso dressing...12.45

LEMON, GARLIC & HERB CHICKEN SKEWERS (gf)...4.95

SMOKED SALMON (gf)...4.95

GRILLED HALLOUMI (v,gf)...4.95

SWEET & SOUR CRISPY SHREDDED BEEF (gf)...6.95

MAINS

ALE BATTERED FISH & CHIPS

mushy peas, curry ketchup, tartare sauce, skin on fries...17.95

BEEF STEAK COTTAGE PIE (gf)

topped with Italian cheese & onion crust, buttered green vegetables...19.95

CHICKEN MILANESE

rocket & Italian cheese salad, garlic & herb roasted new potatoes, creamy tarragon sauce...18.95

PAN ROASTED SEA BASS & KING PRAWN PANANG CURRY (gf)

pak choi, broccoli, baby corn, onion, pineapple, lychees, sticky coconut rice...21.95

CHARGRILLED CAJUN CHICKEN BREAST SKEWER (gf)

garlic & herb sautéed potatoes, green peppers & red onions, chilli, garlic & lime cream sauce...20.95

ROASTED HERBY HOT HONEY HALLOUMI & PINEAPPLE SKEWER (v,gf)

garlic & herb sautéed potatoes, green peppers & red onions, chilli, garlic & lime cream sauce...18.95

CLASSIC HOUSE BURGER

brisket & short rib patty, Cheddar cheese, burger sauce, beef tomato, iceberg lettuce, seeded brioche bun, skin on fries...16.95
+ CHARGRILLED SMOKED BACK BACON 2.45

SLOW COOKED CRISPY PORK BELLY

celeriac purée, cavolo nero, roasted black pudding crumb, garlic & rosemary roasted celeriac, pickled mustard seeds, cider jus...18.95

BROWN BUTTER ROASTED SALMON (gf)

kalamata olive & tomato ragu, crème fraîche crushed potatoes, green beans, wilted spinach, basil...21.95

CHERMOULA ROASTED SWEET POTATO (vg,gf)

braised chick peas, fruity giant cous cous, chermoula coconut yoghurt...16.95

BUTTERMILK FRIED CHICKEN BURGER

honey sriracha sauce, iceberg lettuce, beef tomato, pickled celery, Stilton ranch mayonnaise, seeded brioche bun, skin on fries...16.95

STEAKS

all steaks are basted in beef juices, served with garlic mushrooms, roasted tomato, skin on fries and watercress

RUMP STEAK 280g (gf)

lean, flavourful cut from the hindquarter...24.95

RIBEYE 230g (gf)

juicy & rich, cut from the rib section...31.95

FILLET STEAK 230g (gf)

the leanest & most tender cut...37.95

SIRLOIN 280g (gf)

marbled lean & tender thick cut...34.95

LARGE CUTS

we have a selection of weights available from our butchers each day. our team will advise on which weights are available to order. served with skin on fries; choose two sauces

BOSTON RIB STEAK (gf)

well marbled with aged fat to give the best flavour...12.00 PER 100g

TOMAHAWK STEAK (gf)

showstopper presented on the whole rib bone...11.00 PER 100g

900g PORTERHOUSE (gf)

(serves two guests)
The ultimate two-in-one steak. Fillet on one side, sirloin on the other...79.95

SAUCES

GREEN PEPPERCORN & BRANDY (gf)...2.95

RED WINE & SHERRY VINEGAR (gf)...2.95

BROWN BUTTER BÉARNAISE (v,gf)...3.95

STILTON BLUE (v,gf)...2.95

GARLIC & PARSLEY BUTTER (v,gf)...2.95

SIDES

TENDERSTEM BROCCOLI (v,gf)

chilli & lime butter...5.95

CAMEMBERT GLAZED MASH POTATO (v,gf)...7.45

IPA BATTERED ONION RINGS (v,gf)

confit garlic mayo...5.45

SKIN ON FRIES (vg,gf)...5.45

MIXED SALAD (vg,gf)

house pickles & chermoula...4.95

TWO FRIED

HEN'S EGGS (v,gf)...3.25

GARLIC MUSHROOMS (v)

herb butter...3.95

SEASONAL GREEN VEGETABLES (v)

garlic butter...5.45



ALLERGENS

SCAN TO VIEW ALLERGEN & NUTRITION INFORMATION

FOOD ALLERGY NOTICE

Our kitchens handle a wide range of allergens, so we can't guarantee any of our food is completely allergen-free, including ingredients like tree nuts. Not all dish ingredients are listed on the menu, and recipes may change from time to time. If you have an allergy or dietary requirement, please speak to a member of the team before placing your order.

PAROGON GROUP IS A CERTIFIED BCORP BUSINESS

An optional 7.5% service charge will be added to your bill. This is split equally between all team members. If you would like it removing please speak to your server.



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